

# CLARITY

## discussion guide

Sunday, January 26, 2020

**Epiphany:** Jesus is Lord of the Sabbath

[Luke 6:1-11](#)

FELLOWSHIP  
fayetteville



### **BELONG**

Did you grow up in a house with a lot of rules or a lot of freedom? How strict were your parents at enforcing the rules of the household? Are you a rule follower and/or enforcer now, or do you like to bend the rules and let things slide?

How consistently have you engaged in worship with other believers at church? How can you and your family commit to consistently engage in worship services?

Have any spiritual practices in your life gotten out of sync with God's heart? Do you have extra rules that you have placed on yourself, things you do to be seen, or commands you ignore? Be specific and pray for each other on how to balance these things.

How does this passage help you see Jesus more clearly?

### **GROW**

Read [Luke 6:1-5](#).

Why do you think the Pharisees are observing the disciples so closely? What is their goal?

**Review [Exodus 20:8-11](#).** Do you think the disciples are violating the heart of the commandment regarding the Sabbath? Why or why not? What does it mean that Jesus is "Lord of the Sabbath" ([Luke 6:5](#))?

Read [Luke 6:6-11](#).

Why did Jesus provoke the Pharisees by healing this man on the Sabbath? How does Jesus expose the tension between serving people and following religious rules?

Is it hard for you to rest? Do you trust that God has your best in mind by commanding you to rest? How can you practice trusting in God's plan and provision? What do you do to rest, relax, or recharge?

## Connect DAILY

<b>Sunday</b>	Luke 6:1-11
<b>Monday</b>	Luke 6:12-49; Psalm 29:5-11; Proverbs 3:22-25
<b>Tuesday</b>	Luke 7:1-17; Psalm 30; Proverbs 3:26-29
<b>Wednesday</b>	Luke 7:18-50; Psalm 31:1-6; Proverbs 3:30-32
<b>Thursday</b>	Luke 8:1-25; Psalm 31:7-15; Proverbs 3:33-35
<b>Friday</b>	Luke 8:26-56; Psalm 31:16-24; Proverbs 4:1-3
<b>Saturday</b>	Luke 9:1-27; Psalm 32; Proverbs 4:4-6

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serve

## ISCA Meals

The International Student Christian Association meets in their residence on campus every Tuesday evening for fellowship and worship. A meal is provided to this gathering of 30-40 international students and ISCA staff. Groups can simply drop off the food or, preferably, spend the evening with this gathering and engage with the students. Click [here](#) to go to the Take Them a Meal site to see available dates and sign up.

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pray

Pray for global workers, B and L, that they will adjust back to life in the States, and God will provide all they need.