



Theology | Christ in the Church: The Head | Ephesians 1:22-23

Matt Newman

Live as ONE

Whom do you consider as authority figures in your life? Why do you consider them that?

How do you feel about authority figures in general? Do you naturally trust them? Are you skeptical of them? How has that shaped your view of God as the ultimate authority?

Live by the WORD

Read [Ephesians 1:15-23](#).

Read [Colossians 1:9-18](#).

What similarities do you notice between these two passages from Paul's letters to different churches? What differences do you notice? Can you trace Paul's thought process through the passages? Try to summarize his main ideas.

Both of these passages culminate with the praising of Christ as head of the Church. Why do you think that might be significant in light of each passage as a whole?

Throughout Paul's writing, he uses the analogy of a body when speaking of the Church (with Jesus always as the head). Why did he choose that picture so consistently in his letters? What is the significance of Jesus as the head of this "body"?

Live as SENT

We frequently speak of Jesus as "Lord." In the first century, to claim this really meant, "Jesus is Lord, and Caesar is NOT." Have we lost sight of this?

Think about the implications of this for the early Church.

What are the implications of claiming Jesus as Lord in our time and culture? If Jesus is Lord today, what other lords must we deny or abandon?

Fill in the blank for your own life, "Jesus is Lord, and _____ is NOT."

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Sunday

[Ephesians 1:22-23](#)

Monday

[Colossians 1:15-23](#);
[Psalm 102:1-4](#); [Proverbs 20:10-12](#)

Tuesday

[Romans 12:9-13:7](#);
[Psalm 102:5-12](#); [Proverbs 20:13-16](#)

Wednesday

[Romans 13:8-14](#);
[Psalm 102:13-19](#); [Proverbs 20:17-19](#)

Thursday

[Romans 14:1-12](#);
[Psalm 102:20-28](#); [Proverbs 20:20-22](#)

Friday

[Romans 14:13-15:7](#);
[Psalm 103:1-5](#); [Proverbs 20:23-25](#)

Saturday

[Romans 15:8-13](#);
[Psalm 103:6-12](#); [Proverbs 20:26-28](#)