

APPENDIX D

Communion

PURPOSE (setting the tone)

Read Jesus' institution of the Lord's Supper in Matthew 26:17-30 (or Mark 14:22-25).

Read Paul's account in 1 Corinthians 11:17-31 where he describes one's attitude in taking Communion. Then pray for the preparation of your time together.

THE BREAD

Remind everyone of the significance of the bread, as it represents Jesus' slain body for the forgiveness of sins.

Read Isaiah 53:3-6 and 1 John 1:8-2:2. After some time for reflection, say to the group, "Take and eat," and allow everyone to eat the bread.

THE CUP

Remind everyone of the significance of the cup, as it represents the shed blood of Jesus for the forgiveness of sins. Invite them to "Take and drink."

REFLECTION

Take some time to pray together and express gratitude for what Jesus has done and will do in each of your lives.