Dear Families,

Welcome to the **RESCUE** box! We have prepared this box with the hope that it will help your family learn more about God and the stories of the Bible – especially His desire to rescue us! This section of stories found in the book of Exodus is chock-full of God's miraculous deeds! They may be familiar to you as adults but read them with fresh eyes as you share them with your children. They are TRUE and they are AMAZING! You will have all the supplies you need to do lessons for five weeks.

We have included enough supplies for 3 children. You may have 3 early childhood kiddos in your family, if not, please share with a friend or neighbor! We have purposely made the box plain white so that your family can decorate it. Please go crazy with colors, markers, stickers and be sure to post a picture on social media so that we can enjoy! Tag us on Instagram *@fellowshiprogers.family* with *#ecrescuebox* so we can see your memory verses, songs and art!

You can also find copies of all the content by accessing the QR code on the lesson plans with your phone or go to the website at <u>https://www.fellowshipnwa.org/page/951?Item=852</u>.

Let us walk you through the box contents and give you some ideas for how to bring the stories to life!

There is a lesson overview for every story. It has three sections: Bible Activities, Worship Together, and Family Fun Activities. You don't need to do all of this on a Sunday. You can stretch this out over a few days each week!

The **Bible Activities** section refers to the following:

- 1. Bible Story Video you will find one for every lesson on the family resources web page.
- 2. Craft Page each story has a craft. You will find the supplies needed to go with each one along with a page of directions and sample picture of the craft. Enjoy! We would love to see your work!
- 3. Coloring Page we have included coloring pages that go with each story. On the back you will also find the story.
- 4. Read the Bible Story together You may read the story from the lesson plan or in *"Read With Me Story Bible."* This version is a retelling that will be easy for your youngest kids to understand. We recommend having one handy while you have little ones at home. The final story of the box is found in the *"Jesus Storybook Bible"*. You can get both of these Bibles online. Remember, you can also play the video of one of the Early Childhood team reading the story. Children learn through repetition, so this is a great chance for them to hear the story again and again during the week.
- 5. Share the Bible story with a friend! If you can't be together in person, share with your family or friends over Zoom.
- 6. Table Talk Questions These are some general questions to use again and again. Take a little time at the dinner table to give everyone a chance to answer these questions. Remember that your children are still young. Table Talk may last 2 or 3 minutes but it's still a "win."

The **Worship Together** section has three parts:

- 1. Song There are two songs related to this box. You can find the two worship videos on the family resources web page. Enjoy! They are fun songs that will get you moving.
- Memory Verse Our memory verse for this box is Psalm 46:1 "God is our refuge and strength. An ever-present help in trouble." We have included a refrigerator magnet to help you keep this verse in a prominent place. When doing scripture memory, repetition is the key! You can find a video of the Bible verse with sign language on the family resources web page. We have also included the signs in your box. Please post your videos and tag us on Instagram at @fellowshiprogers.family with #ecrescuebox. We would LOVE to see you and your kiddos memorizing God's Word!

*TIPS - We suggest breaking the verse down into bite size pieces to memorize. Then add a new part each week or every few days. Say the verse before each meal, before bed, when you wake up, when you get in the car, etc. Repeating the verse will help you to memorize it.

3. Pray together - Pray with your child. You get the opportunity to show them how to talk with God. Keep it short (they have short little attention spans), use words they can understand, and remember to ask God to help you trust in Him.

The **Family Fun Activities** section has a suggested activity for each lesson. These are meant to give you a little extra fun in helping your family engage with the Bible story. We wanted to give you a little "heads-up" on a couple in case you need to get some supplies ready for the next few weeks. In **week 2**, the family activity is making a "burning bush" and sitting beside it while you tell the story for the week. After telling the story at your burning bush, you might gather around a firepit or fireplace, if you have one, to talk about the story and ask more questions. In **week 4**, the family activity relates to crossing the Red Sea. You will need to get a package of Blue Jell-O. We are including some Swedish fish to put in the sea and some Teddy Grahams to represent the people of Israel. This can be done in one family-sized dish or get each family member a disposable 9x9 pan to make their individual "seas." (Just make sure you have enough Jell-O.) For added fun, crush some graham crackers to put along the pathway between the water to show how they crossed on dry land! You can also add some whipped cream "waves" along the edges of the water. These true stories should inspire wonder in all of us! We would love to see pictures of your family doing this activity!

Please post your pictures and video on social media and tag us, we love to see how you are doing! Contact us at *ecrogers@fellowshipnwa.org* if you have questions.

We love you,

Fellowship Rogers Early Childhood Team