

WOMEN'S MINISTRY

fayetteville

December 2019

the Helper in you

As a mom to three kids, I count on some weekend time to recharge and do a few things for myself. I woke up early on a glorious rare Saturday with nothing on our schedule. I walked through my home and noticed it advertising needs through floating pet hair, laundry that resembled piles of fall leaves and floors that needed mopping. I was feeling tired and unmotivated to do anything productive for others or myself. My thoughts were already justifying the decision to check out of the day saying I deserve a closed curtain, do nothing, Netflix and cereal kind of day. There is always tomorrow and one day off won't hurt anything.



Then a text came through on my phone. A friend was encouraging me with her thoughts of being intentional with our spiritual and physical health.

I thought about her words and was able to receive a greater understanding. I was allowing myself to be tricked and deceived into wasting the gift of a day. I let my focus drift. But God always has a plan and sent a helper to me that morning when I didn't even think I needed one. That one thoughtful and encouraging text sent me to my Bible when I was resolute to skip it all.

I spent intentional time with the Lord. I read my Bible, a daily devotional, and prayed for His direction and influence over my day. Afterwards I walked through my house with new thoughts and recognized I felt differently about my plans to quit for the day and saw new opportunities instead. I focused on what good I could do for those around me. I was reminded in order to grow spiritually that I am to take in the Word. My time with the Lord renewed my outlook for the day and I wanted to reflect Jesus to others. Lean into those friends that encourage you and call you to be more.

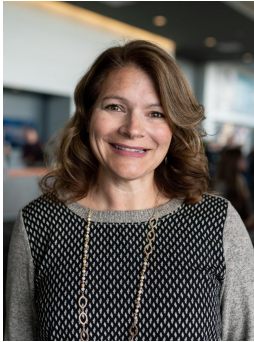
Reflect and Respond

- Who could use some of your encouragement today?
 - "... encourage each other and build each other up..."
[1 Thessalonians 5:11 NIV](#)
- How do you refresh and redirect your mind and body?
 - "Don't copy the behaviors and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect." [Romans 12:2 NLT](#)
 - "My son, pay attention to what I say; turn your ear to my words. Do not

let them out of your sight, keep them within your heart, for they are life to those who find them and health to one's whole body."

[Proverbs 4: 20-22 NIV](#)

- Are you willing to serve and lift others as you go along your way?
 - *"She sets about her work vigorously; her arms are strong for her tasks."*
[Proverbs 31:17 NIV](#)
 - *"Each of you should use whatever gift you have received to serve others..."*
[1 Peter 4:10 NIV](#)



the Helper in you was written by **Katie DellaCroce** - Katie left her corporate job for the calling to be a mother to Sarah, Sophia and Thomas. She enjoys reading, travel adventures, teaching and trying to grow a perfect tomato in her backyard garden. She serves with the Fellowship Fayetteville Women's Discipleship Team and is an active lay leader in Women's Ministry. She has been married to John for 19 years. They relocated to Fayetteville in 2011 and enjoy the seasonal changes and beauty of the Northwest Arkansas area.

Past issues: Fayetteville Women's Devotional eNewsletter

Women's Spring Studies

Beginning January 28, 2020 *(note date correction)*

Meeting in the Fellowship FayetteKids Theaters and Classrooms

Choose from morning or evening sessions| 9:00am - 11:00am and 6:30pm - 8:00pm

Limited childcare spaces available upon registration & pre-payment.

Contact [Halee Campbell](#) with questions regarding kidsTIME.

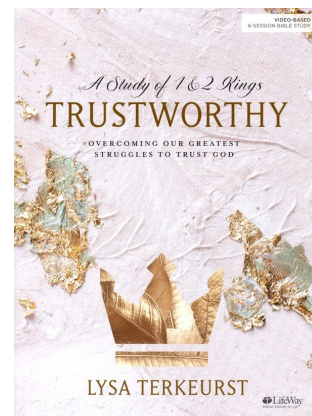
Trustworthy: Overcoming Our Greatest Struggles to Trust God

A study of I and II Kings by Lysa Terkeurst

Are you exhausted trying to keep everything under control because you fear God won't come through? This study will help us loosen the grip we have on trying to control people and circumstances, identify our own trust issues with God, and find relief from fear and doubt about how things might turn out.

Offered during both the Tuesday morning and Tuesday evening sessions. Purchase your study guide online.

Approximately \$16.00 plus tax, s/h.



Personal Bible Study 1: How to study the Bible **A Fellowship Core Training Series**

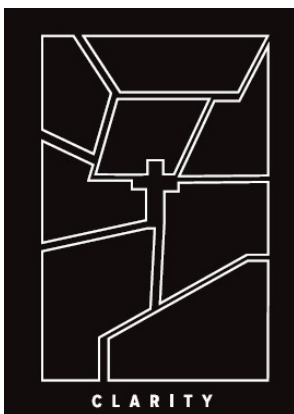
It was said of Ezra that he "devoted himself to the study and observance of the Law of the Lord..." The Psalmist declared, "I delight in your decrees; I will not neglect your word." Every believer has the duty and delight of knowing the liberating truth of Scripture. But how do you begin? What do you do? This six-session class will help you get started by teaching basic principles of self-guided, inductive, Bible study. *Offered*

Tuesday Mornings only. Purchase your study guide on the first day of class for \$5.00.



[Register Here](#)

Clarity 2020



Commencing with Advent 2019 all Fellowship congregations will begin a teaching series called [Clarity](#). This year-long study, following the Christian Calendar, has been created to help our church see Jesus more clearly and experience Him more deeply. The Fellowship Staff has created a Clarity Book that is currently available for purchase at the Information Desk in the Worship Foyer for \$5.00. We encourage each participant in the series to have their own copy of this great resource. It will parallel the congregational teaching series with devotionals, reflection questions, prayers, daily Scripture readings, and seasonal discipleship activities for families. We invite you to join us in personally engaging with this study throughout the year and encouraging everyone in your small group to do the same.

Fayetteville CR



Celebrate Recovery is a Biblical and balanced program that helps us overcome our hurts, hang-ups, and habits. We all have issues that may be interfering with our fellowship with God and others. This includes, but is not restricted to, struggling with addiction. All are welcome!

Visit Celebrate Recovery on Friday nights at Fellowship Fayetteville or find a women's step study to begin pursuing the freedom of real life in Jesus Christ and celebrate the recovery only He can bring through His people and His Word. Click [HERE](#) to visit the Celebrate Recovery website for more information!

Discover Fellowship Fayetteville

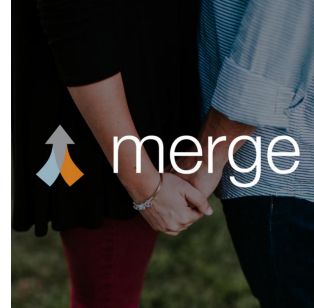
Discover Fellowship is a 9-week membership experience created to help you learn more about our heart and mission, and find out where and how God wants you to get plugged into Fayetteville Community. Register by clicking on the button below to sign up for the next session of Discover that begins January 12!

[Register Here](#)

Getting Married?

MERGE Premarital Workshops

MERGE is an 8-week, premarital experience offered each year in the Spring, Summer, and Fall. These workshops are designed to provide engaged and seriously-dating couples a unique opportunity to learn, seek wisdom, and receive counsel on marriage from a Biblical perspective. Cost is \$85 per couple and space is limited. Sign up early and be sure to fill out and submit the required online survey.



Spring Session: February 9 - April 5, 2020

Register [HERE](#) for the Spring 2020 Session
taking place on the Fellowship Fayetteville Campus
Registration closes Sunday, February 2

Stay tuned for registration information for additional 2020 sessions!

Service Opportunity

If you have administrative skills and enjoy being around people, we would love to put your talents to use as a member of our front office volunteer team at Fellowship Fayetteville. We are currently seeking a front desk volunteer to commit to serving weekly for a **four-hour shift on Mondays or Wednesdays**, plus one or two "floating" volunteers who can fill in for other weekly volunteers when they are unavailable. Contact: [Ray Wagoner](#), 479-659-3615 or [Vicki Kennedy](#), 479-659-3684.

Women's Ministry Team



MARGO BODISHBAUGH
Shepherding Leader



MELODY COUCH
Discipleship Leader



LORIE McMULLEN
Tuesday Evening Studies



MARY BETH SIMPSON
Tuesday Morning Studies

Want to learn more about Fayetteville Women's Ministry?
Reach out to one of our team members to learn how you can get plugged in!
fayettevillewomen@fellowshipnwa.org
479-659-3684

Connect with us!



Please forward this email on to your friends and encourage them to subscribe to our monthly Women's Devotional eNewsletter. To sign up or make changes to eNewsletter subscriptions from Fellowship Fayetteville visit [subscribe.fellowshipfayetteville.org](https://www.fellowshipfayetteville.org/subscribe).

