



Women's Devotional eNewsletter | July 2018

Finding Our Capacity

Does life seem overwhelming at times? So much is expected of us as women today. We are expected to be beautiful, active, smart, organized, loving. If married, we should be a good wife and a mom who has it all together. But, where is there time for me? Does God have a plan for me? How can I make the right choices and how will I ever be and do all that is expected of me?



First of all, we are not to do everything. We are to do the things that God requires, but not all that people request. We must keep our relationship with God very much "online" and not muted. We need His constant reminders and guidance. His "text" messages during our day become indispensable.

So often we look and rely on ourselves. We look through human eyes and understanding when we need to see what can be done through the capacity that only God can supply.

Look at [Matthew 14:13-21](#) where Jesus fed the 5,000 using the simple lunch of a little boy: five loaves and two fish. Potentially this would feed one hungry lad, but Jesus saw how God could use this for a greater benefit. Jesus blessed the bread, broke the loaves, and fed 5,000 plus... and there were 12 baskets left over! God's blessing provided capacity far exceeding what was seen in the simple lunch.

Do you realize your capacity with God at work in your life can far surpass any human ability? Capacity is discovered through seeking God's plan and purpose and not our own glory. Capacity is about what God sees, which is so much bigger than even the most talented or expansive human potential. With capacity, God takes what we are and what we offer Him, and then extends it beyond anything we can imagine. Life becomes an adventure of trusting God to

bless and use our lives in extraordinary ways!

“I can do all things through Christ who strengthens me.” [Philippians 4:13](#)
Will you move from fear of not being enough (which we aren’t) into confidence with God?

Reflect and Respond:

- What is overwhelming in your life this summer? Kids, health, finances, marriage?
- Will you take it to the Lord? Ask Him to do above and beyond anything we can imagine or think.
- Will you make a fresh commitment to step forward in difficult challenges? Will you allow God to work, and not depend on your own abilities? Let Him be your capacity!



Finding Our Capacity was written by:

Carolyn Schmitt, a leader of *Ladies of Grace* prison ministry and co-leader of *Ladies in Prayer* (LIPS). Carolyn has served in women’s ministry for many years, teaching BSF, leading small groups, and mentoring young women. She delights in seeing young women grow in the Lord and find their life purpose through the *Significant Woman* life coaching class (see more about that below!). Carolyn has a heart for missions and has been on more than 20 mission trips to France, Poland, Ireland, Africa, China, and South America. She and her husband Neil have been married for 55 years and are blessed with 2 children and 7 grandchildren.

*Past issues: Fayetteville Women's Devotional
eNewsletter*

Fall Studies: Mark Your Calendars!

Online Registration Opens Aug 1

*Childcare will be available, morning sessions only

What Love is: The Letters of 1, 2, & 3 John

Tuesdays | Sept 11 - Dec 4 | 9:00-11:00am* or 6:30-8:00pm

The letters of 1, 2, & 3 John were written to encourage followers of Jesus to remain faithful to the truth. In this study by Kelly Minter believers are challenged to look at contrasting themes such as walking in the light instead of darkness, truth versus lies and deception, loving God more than loving the world, and the meaning of true fellowship and community rather than shallowness. This study reveals not only the heart of John but also the heart of Jesus. *Purchase your study book at LifeWay in Rogers or [order online](#) (approx. \$13).*

Living Beyond Yourself: Exploring the Fruit of the Spirit

Tuesdays | Sept 11 through spring of 2019 | 9:00-11:00am *

This Vintage Gals group is open to empty-nest stage of life women who enjoy digging into the truth of God's Word while challenging and encouraging one another. This Beth Moore study will explore in-depth the fruit of the spirit in the Book of Galatians, taking a look at the supernatural aspects of the fruit and how you cannot grow, learn, or produce fruit on

your own. Purchase your study book at LifeWay in Rogers or [order online](#) (approx \$16).

The Significant Woman

Connecting with God - Discovering Your Personal Mission

Tuesdays | Sept 11 - Dec 4 | 9:00-11:00am *

Did you know that very few women have a personal mission statement? Only through knowing our personal mission is it possible to stay grounded and focused on what God has called us to do. In this Life-Coaching study you will grow in intimacy with God, uncover your personal uniqueness, and discover your own personal mission.

Questions? Contact fayettevillewomen@fellowshipnwa.org.



Resources



Recommended Summer Read | [The Turquoise Table](#)

Build Community in Your Own Neighborhood! It's not too late to grab your copy of *The Turquoise Table* by Kristen Schell, our recommended summer read. It's a book that will encourage you to step outside your home and into your community... to get to know your neighbors beyond a nod of the head or quick hello. Books are available at the Women's Booth in the Worship Foyer on Sundays for only \$10/book, or stop by the Fellowship Fayetteville main office Monday through Thursday between 8:30am-4:30pm to pick one up.



Discipleship for Women | [Learn more & enroll](#)

As a Christ follower today, we strive to incorporate discipleship into our everyday relationships. It is not just evangelizing, but mentoring: a spiritually older woman in Christ (discipler) teaches and models how to live a godly faith-filled life to a spiritually younger woman (disciplee). Formats may vary with each relationship, but Christ and the Bible remain at the center with spiritual maturity and reproduction, the goal.



Fellowship NWA | [Women's Devotional Blog](#)

Subscribe to *Women's Ministry Devotional Blog* from our sisters at Fellowship NWA Women's Ministry.

Ministry Spotlight

Newcomers

For women who are new to the Fayetteville area

Tuesdays, Sept 11 - May 7 | 6:30pm

SOS (Sisters of Support)

Join us as we minister to those in need with a meal or card of encouragement

@ Fellowship Fayetteville

Contacts: [Lorrie McMillen](#), [Brenda Conner](#)

Contact: [Pat Smith](#)

Service Opportunities

Front Office Volunteers

If you have administrative skills and enjoy being around people, we would love to put your talents to use in the front office of Fellowship Fayetteville. We are currently seeking six volunteers for Mondays, Wednesdays, and Thursdays to serve in four hour shifts.

Contact: [Ray Wagoner](#), 479-659-3684

Early Childhood Volunteers

Fellowship Fayetteville is healthy and growing! But with that comes the important task of caring for our children well while they are here on Sunday mornings. If you'd like to be a part of the Early Childhood volunteer team, contact [REDACTED] [Gretchen Friesen](#), 479-878-2959.

Connect with us!



Fellowship Fayetteville Women's Ministry | 479-659-3684
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