

# BREAKUPS

THE LORD IS NEAR TO  
THE BROKENHEARTED  
*and saves the crushed in spirit.*

**PSALM 34:18** ESV

## Questions

What's hard about your breakup?

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How do you feel when you see them?  
(Either in person or on social media)

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What do you believe is true about yourself? About them?

The goal here is to get them to remember how  
the Lord sees them and the other person.

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Who are the people that encourage you right now?

\*You may only ask one of these questions or more than these,  
but the main thing is listen to them and not try to fix the situation.



## Scriptures

*Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, <sup>4</sup>who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.*

**2 CORINTHIANS 1:3-4 ESV**

*O LORD my God, I cried to you for help, and you have healed me.*

**PSALM 30:2 ESV**

*Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, <sup>13</sup>bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive.*

**COLOSSIANS 3:12-13 ESV**