

Apple Unit



Parts of an Apple Song

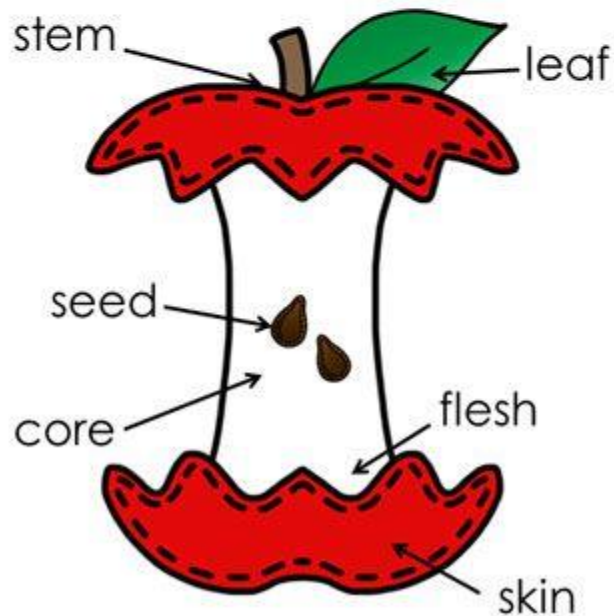
(Tune: Head, Shoulders, Knees, and Toes)

**Flesh, skin, stem, and leaves
stem and leaves**

**Flesh, skin, stem, and leaves
stem and leaves**

**And in the core are the tiny
appleseeds**

**Flesh, skin, stem, and leaves
stem and leaves!**



How Do The Apples Taste?



Red



Green



Yellow

Did you like
it?



Did you like
it?



Did you like
it?



My favorite apple to eat was:





Apples, Apples

Apples juicy,
Apples round,
On the tree or on the ground.
Apples yellow,
Apples red.
Apple pie, and juice, and bread!
Apples crunchy,
Apples sweet.
Apples are so good to eat!



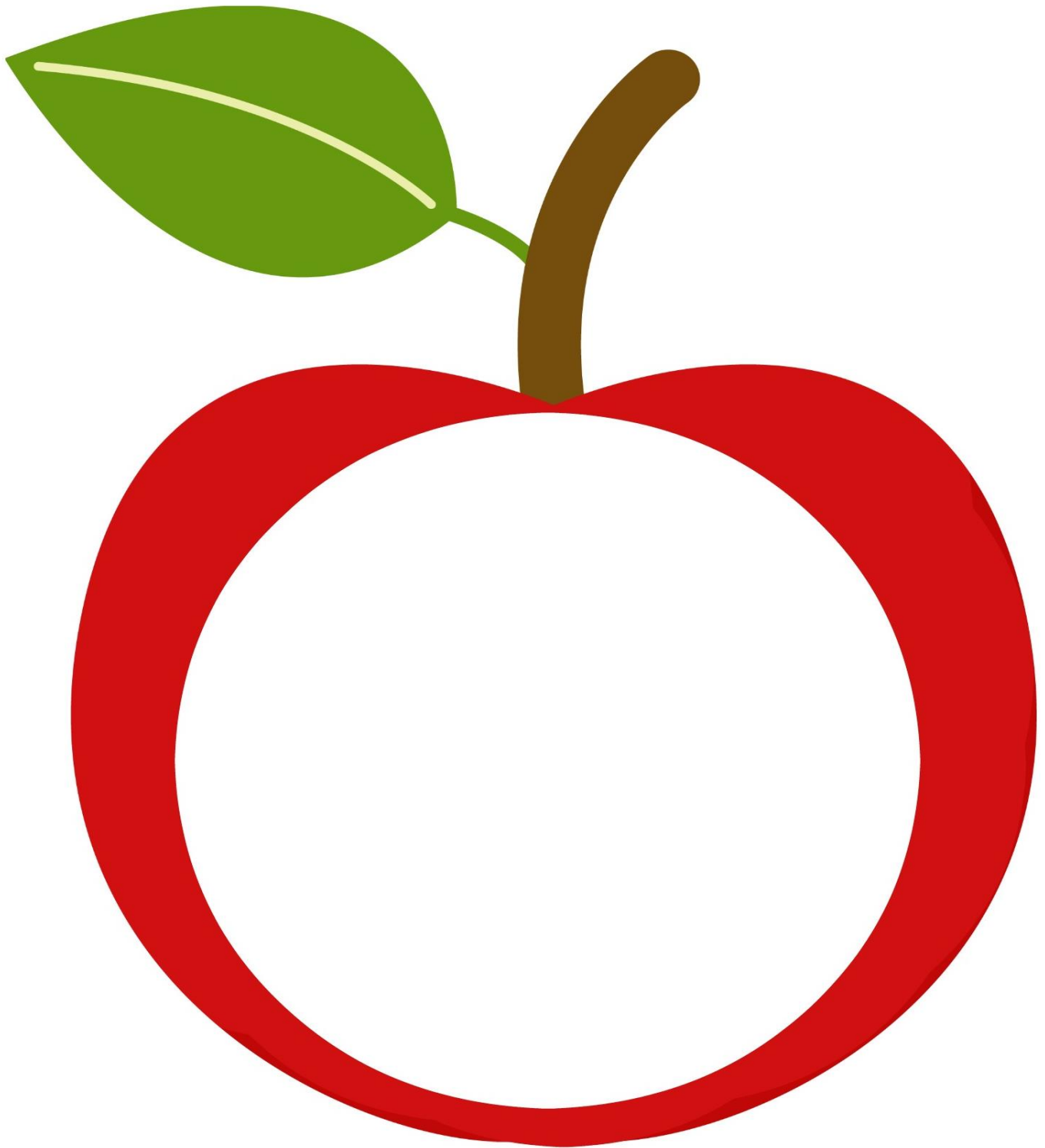
Apple seed counting



Collect dice and some dried black beans. Print out the apple page. Roll the dice and count that number of beans, placing them onto the apple print out.

This is great practice for number recognition, counting and a fine motor activity.

Apple print out



Apple color sort



APPLES

Tune: Bobby Shafto

I like apples
how about you?
Yellow, green,
and red ones too.
Pies and juice
and all the rest.
I like apples.
They're
the
BEST!



Apple crafts



Cut an apple and using washable paint start stamping.

Tot School

APPLE CUT, TEAR, & GLUE



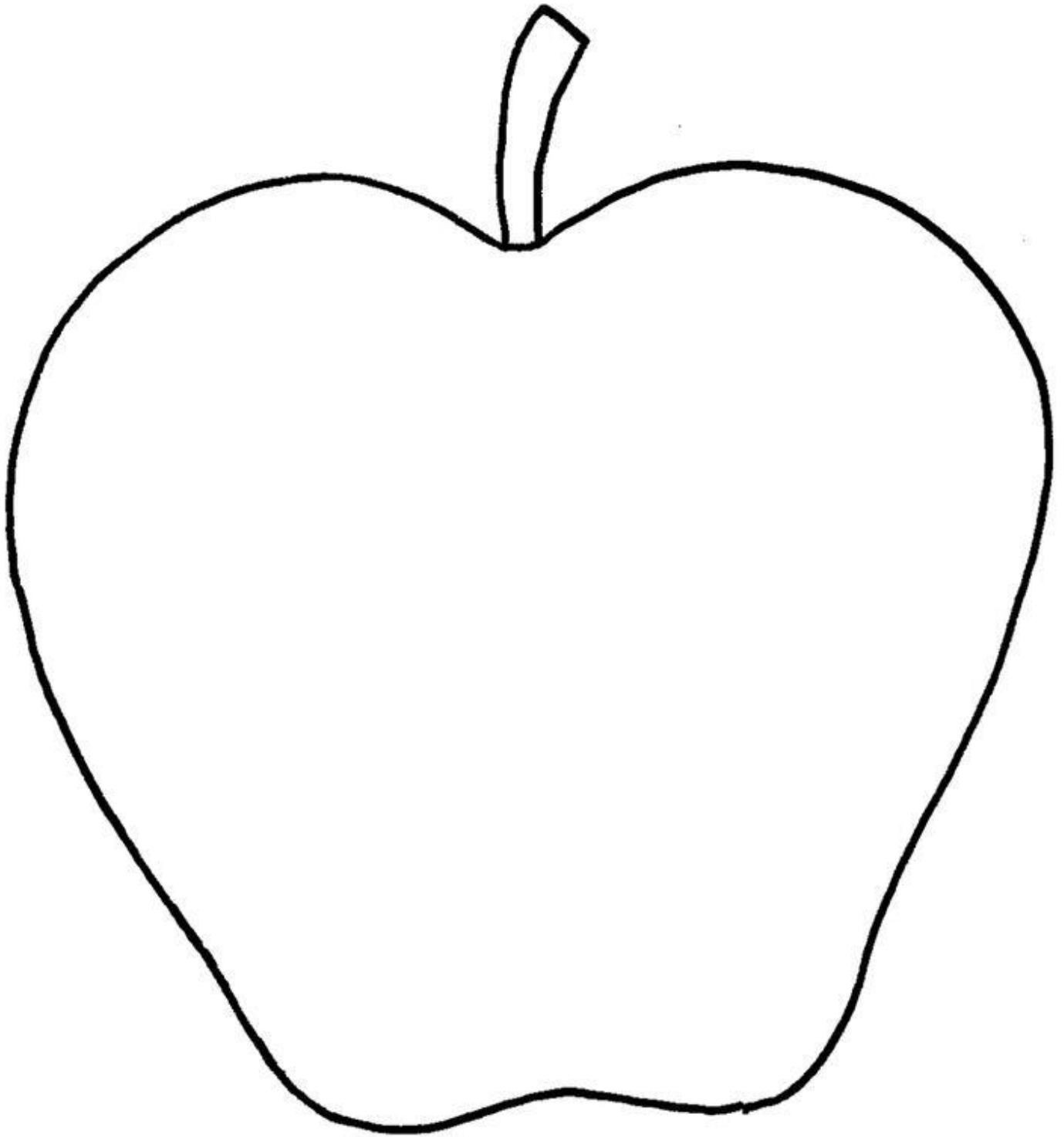
Collect red paper, glue or glue stick, and print out apple pattern.

Cut strips of red paper and glue on the apple pattern.

*If you are working on scissor skills have your child cut up the strips or have them tear the strips.



Apple Pattern



Apple Pie Play Dough Recipe:

2 cups baking soda (bicarbonate of soda)

1 cup corn flour (corn starch / mazina)

1.5 cups water

1 Table Spoon vegetable Oil

Food coloring – we used red

1 Tablespoon cinnamon + 1 Tablespoon All spice (cake spice / Christmas spice) ** You can substitute the spices for essential oils – [like this one](#) – if you would prefer.

Instructions:

1. Add all the ingredients to a pot – except the spices, the spices get added last when kneading!
2. If you would like to add food coloring – add it to the water *before* you start cooking – it is so much easier this way – rather than kneading in at the end!
3. Stir well before cooking. The corn flour will initially be hard to stir, but it will all come together and turn into a runny liquid.
4. Put it onto the stove and cook until it turns into a thick mush – and becomes really hard to stir.
5. It will still be a little more sticky than the play dough will end up once it is cooled and kneaded.
6. Set aside for a few minutes and knead when cool enough to touch.
7. At this point if you would like to add an apple pie scent – then add in the spice and knead further.

All that is left to do now is play!!

This play dough can be stored in a plastic zip lock bag in the fridge.



Apple Pizza Snacks



Ingredients:

- Apples
- Peanut Butter (if you have allergies, you can substitute another nut butter, sunflower seed butter, or cream cheese)
- Assorted toppings such as raisins, shredded coconut, mini chocolate chips, or crisped rice cereal.

Assembling the Apple Snack:

Prepare the base of your pizzas ahead of time by cutting the apples horizontally so that you have circular slices. Carefully remove any core and seeds. You can do this step ahead of time and store your slices in the refrigerator sprinkled with a few drops of lemon juice to prevent browning.

Spread a thin layer of peanut butter (or your chosen spread) on the apple slice. This part is best done by an adult but can be done by older children with supervision.

Present each child with their apple slices and topping options. Invite them to top their own "pizza".