

Family Fun Activity – Blessing Mix

1. Make the blessing mix.
2. Deliver the blessing mix to a neighbor.
3. Share with them the Good News about Jesus!

BLESSING MIX

INGREDIENTS:

- 2 cups bugles
- 2 cups pretzels
- 1 cup candy corn
- 1 cup dried fruit or raisins
- 1 cup peanuts or sunflower seeds
- 1 cup M&M's
- Hershey's Kisses

DIRECTIONS:

1. Mix all ingredients together, except the kisses.
2. Place 1/3 to 1/2 cups of the mix in cellophane bags.
3. Add Hershey's Kisses to each bag.
4. Close bags.



MEANING:

- **Bugles are shaped like cornucopia or the horn of plenty, representing our nation's abundance.**
- **Pretzels are like arms folded in prayer, a freedom sought out by the founders of our country**
- **Candy corn remind us of the pilgrim's first winter when food was scarce and settlers survived on just a few kernels of corn a day.**
- **Nuts or seeds show promise of a future harvest when the seeds are planted and tended to.**
- **Dried fruits represent the harvest that would come in the new bountiful land.**
- **M&M's are reminders of those who came before us to guide us to a blessed future.**
- **The Hershey's Kisses are to remind us of the love of family and friends that sweetens our lives.**