



Gospel | The Gospel Comes in Power | [1 Thessalonians 1:1-7](#)

Mark Schatzman

1 Thessalonians was a letter written by the Apostle Paul in the 1st Century AD and as with most of the New Testament letters, it was meant to be read out loud among the followers of Jesus when they came together to celebrate and remember the risen Messiah. Throughout this series we want to plug into that historical Christian tradition of reading the Scriptures aloud together in community.

Begin just the way the church in Thessalonica would have, **by reading Paul's letter out loud, all the way through.** (It should take 15-20 minutes to read in its entirety.)

Next, watch [this video](#) from The Bible Project to help your group better understand some of the structure and themes of this letter.

Now read Paul's letter to the Thessalonians all the way through again.

(This is different and may feel strange, but we believe it is valuable to make a habit of spending time together reading the Scriptures.)

You've now read all the way through Paul's letter TWICE in a short period of time.

How did that feel? Was it weird? Did you struggle to pay attention for the whole thing?

(In general, most of us have not been trained to read the Scriptures in larger sections like that. It is normal for it to feel weird and clunky when we start doing it. Don't be discouraged if that's how it felt. We're trying to start a habit of exercising spiritual muscles that have been rarely used.)

Did anything stand out to you the second time you read that maybe you hadn't noticed the first time through?

Are there any patterns or ideas that you observed that seem to be important?

PRACTICING THE SPIRITUAL RHYTHMS

Some of the most consistent forms of discipleship throughout the history of the Church have been the spiritual disciplines/rhythms. We will lean into those historic discipleship practices during this 1 Thessalonians series. Each week, practice some of the rhythms together as a group.

Take five minutes for silent reflection.

Consider the letter that you read together. **Has anything been on your mind as you have been reading? What might God have been laying on your heart through this letter?**

End group time in prayer.

Thank God for the blessings of community and the Scriptures. Ask Him to open our eyes, ears, and hearts to His voice as we continue diving into 1 Thessalonians.

Connect DAILY

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Sunday

[1 Thessalonians 1:1-7](#)

Monday

[1 Corinthians 1:1-31;](#)
[Psalm 119:9-16; Proverbs 25:6-8](#)

Tuesday

[1 Corinthians 2:1-16;](#)
[Psalm 119:17-32; Proverbs 25:9-11](#)

Wednesday

[1 Corinthians 3:1-23;](#)
[Psalm 119:33-40; Proverbs 25:12-14](#)

Thursday

[1 Corinthians 4:1-5:13;](#)
[Psalm 119:41-48; Proverbs 25:15-17](#)

Friday

[1 Corinthians 6:1-7:16;](#)
[Psalm 119:49-56; Proverbs 25:18-21](#)

Saturday

[1 Corinthians 7:17-40;](#)
[Psalm 119:57-64; Proverbs 25:22-25](#)