

Framework for Parenting | The 4 Phases

FSM Parent Equipping | Fall 2018 | Led by Sam & Amy Hannon

PHASE 1: **Command Phase** | *18 months-elementary*

Children are learning to obey, follow directions, follow rules and completing tasks.

Parents are making the decisions; reinforcing & consistently following through.

Give Clear Instruction

PHASE 2: **Coaching Phase** | *older elementary-early college*

Children/Students are beginning to learn how to make decisions with parents' guidance and input.

Parents are giving more and more responsibility to child, teaching how to make good decisions, teaching cause/effect, & continue to be involved with daily life. (i.e. What homework do you have due this week? When are you planning to work on it? What needs to change to help you get out the door on time?) As they get older, the parent may 'get the ball rolling', but let the student do the work and finish independently.

Ask Good Questions

PHASE 3: **Consulting Phase** | *later college-young adult*

Students are learning to manage their own time and are making more and more of their own decisions, however they are still accountable to parents.

Parents are asking how they can help, offering to listen, think through options, yet letting students self-manage. Best question for parent: How can I help? What do you need from me? The student/young adult is initiating asking for help.

Give Good Advice

PHASE 4: **Cheerleading Phase** | *adult children*

Parents get to watch, cheer, and encourage, offering advice ONLY when asked.

Give Tons of Encouragement

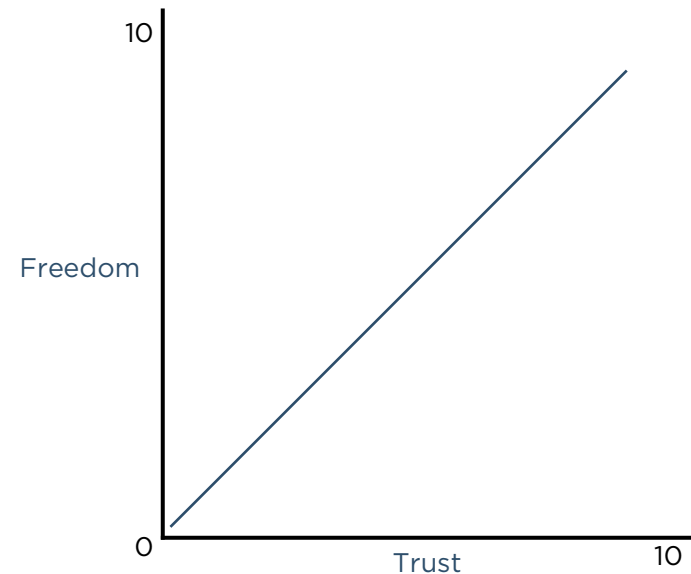
Parenting Adolescents

- a process designed to empower and equip your student to be released into adulthood as a wise and mature person.

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. (Ephesians 3:15-16)

Empowerment

- the delicate art of knowing when to let go and when to take control. (Steve Graves)



Wise Parenting

We must deploy our assets of wisdom, authority, finances, permissions, and possessions to enable the process of producing a prepared and mature young adult.