

Memory Verse: Proverbs 3:5



Trust



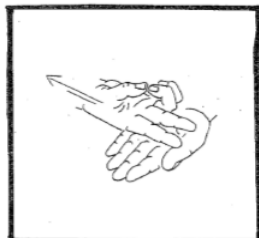
in the Lord



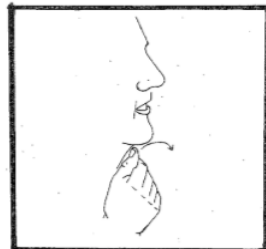
with all



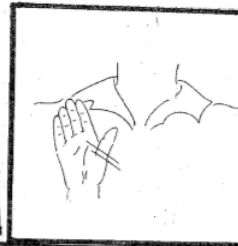
your heart.



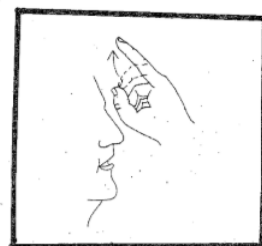
And lean



Not on



Your own



Understanding

Proverbs 3:5



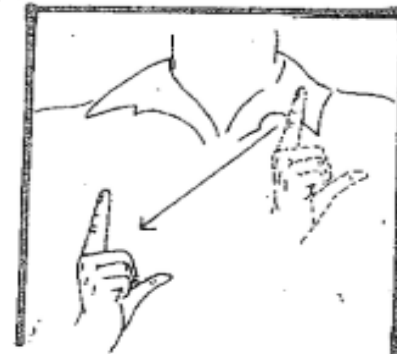
TRUST, CONFIDENCE

Bring both hands slightly to the left, closing them to "S" positions, the right one slightly below the left.

Origin: holding on to something

Usage: Jamie trusts his parents.

Have confidence in yourself.



LORD

Place the right "L" at the left shoulder, then on the right waist.

Origin: indicating the stole worn by royalty.

Usage: Sunday is often called the Lord's Day.

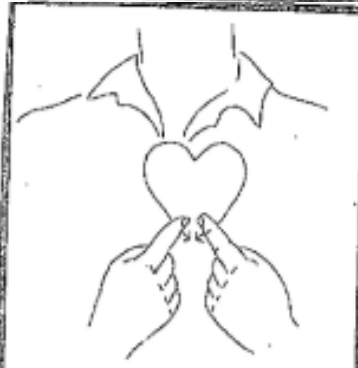


ALL, WHOLE

The left open hand faces the body. Make a circle with the right hand going out and around the left hand, ending with the back of the right hand in the palm of the left.

Origin: The sweeping movement of the right hand includes everything.

Usage: *all* the world; the *whole* school



HEART

Trace a heart on the chest with index fingers. (The middle fingers may be used instead.)

Origin: natural sign

Usage: from the bottom of my *heart*



LIE, RECLINE

Place the back of the right "V" in the left palm and slide it back.

Origin: Fingers represent a reclining position.

Usage: *Lie* on the grass.

reclining on the couch

GETTING UNDER THE COVERS—Slide the right "V" (palm up) under the left palm, which is in a palm-down position.



NOT, DON'T, DOESN'T, DIDN'T

Place the thumb of the right "A" hand under the chin and direct it forward.

Or more formally: Cross the open hands before you, palms down, and draw them apart.

Origin: natural sign for the negative

Usage: I'm *not* planning any trips soon.

Don't wait for me because I have to work late.

Bill *doesn't* smoke anymore.

He *didn't* think it was good for him.



YOUR, YOUR OWN

Face the palm out, directing it forward.

Origin: The open palm indicating the possessive is directed toward the person to whom you are speaking.

Usage: *Your* idea is good. (For the plural form, move the palm forward and then toward the right.)

Note: To add "own" simply repeat the sign, as in *your own, her own, his own*.



UNDERSTAND, COMPREHEND

Place the "S" hand in front of the forehead, palm facing self, and snap the index finger up.

Origin: Suddenly the light goes on.

Usage: Do you *understand* French?

I can't *comprehend* the universe.