## Lent Good Friday

| In your experience, how have you celebrated Good Friday? Does this day mean anything to you?   |
|--|
| What is Good Friday?   |
| What are some scriptures that show us the plan that God established for our rescue?  |
| What stands out to most about the way in which Christ came to earth and the life He lived?   |
| Do you feel that this season of your life has given you time to rest and reflect? Has this rest allowed you to connect more with the Lord? |

Isaiah 53:3-6 "He was despised and rejected by men, a man of deep sorrows who was no stranger to suffering and grief. We hid out faces from him in disgust and considered him a nobody, not worthy of respect. 4Yet He was the one who carried out sicknesses, and endured the torment of our sufferings. We viewed Him as one who was being punished For something He Himself has done, as one who was struck down by God and brought low. 5But it was because of our rebellious deeds that He was pierced and because of our sins that He was crushed. He endured the punishment that made us completely whole, and in His wounding we found healing. 6Like wayward sheep, we have all wandered astray. Each of us has turned from God's paths and chosen our own way; even so, Yahweh laid the guilt of our every sin upon Him." Which of those verses sticks out to you the most as you read? Why?

| What does the cross symbolize to believers?                |  |
|--|--|
| What should our response, as believers, be to Good Friday? |  |
|  |  |
| Because Jesus is alive:  1.                                |  |
| <ul><li>2.</li><li>3.</li></ul>                            |  |

Spend some time journaling about the goodness of Christ's death on the cross and what that means for you. Think about the greatness of a God who set all of this into motion, perfectly, from the moment that sin entered the world. Let the hope and peace of the cross wrap itself around you, but don't be afraid to encounter the pain and sacrifice that Christ *willingly* endured on our behalf. Thank Him for His sacrifice, praise Him for His triumphant return. Stand in awe before the One who wouldn't let death separate us from His love.

4.