

Fellowship Fayetteville Discussion Guide

1 TIMOTHY | Training for Godliness

October 24 2021

1 Timothy 4:6-16

This passage references “physical training,” so begin by describing a time when you were the most physically fit. What was your training regimen like?

In this letter, called a pastoral epistle, Timothy is instructed about how to minister to the church. According to verse 6, what should be the source of Timothy’s training or nourishment?

Paul encourages Timothy to pursue training in godliness over myths and even physical training. How can one be trained in godliness?

How can godliness offer hope for the life to come?

As a young man in ministry, what was he told to do concerning his age?

What was Timothy encouraged to focus on in verses 11-16?

How does this passage challenge you to grow spiritually? What are one or two practical steps you can focus on in your spiritual fitness?

Loving Choices

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PRAY

Pray for global worker, Toni, and the area of her country where there is no established church. Pray God will send laborers and provide dreams and visions to the unreached people.

Connect DAILY

Mon	1 Timothy 4:6-16
Tues	2 Timothy 2:1-10
Wed	Ephesians 1:18-23
Thurs	Hebrews 4:12
Fri	Titus 2:1-15