

GROUP QUESTIONS

- 1. ICE BREAKER:** Tell us about a time when you tried to fix something, and it didn't go well.
- 2. Read the following two "healing choices" and then respond to the question:**
 - ▶ CHOICE 1: ADMITTING NEED**
Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.
*"Blessed are the poor in spirit, for theirs is the kingdom of heaven."
Matthew 5:3 NIV*
 - ▶ CHOICE 2: GETTING HELP**
Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.
*"Blessed are those who mourn, for they will be comforted."
Matthew 5:4 NIV*

Question: It's one thing to know that God exists. It's another to believe I matter to Him. How do you know that you matter to God?
- 3. We are prone to deny our weaknesses and our feelings – saying things like, "I'm not angry, I'm not upset, I'm not worried, I'm not afraid." We are reluctant to let people see the real us. Why are we afraid to share our weaknesses or tell others our true feelings?**
- 4. What's the most frightening part of surrendering your life to God and letting Him make any changes He wants to make?**
- 5. How does it feel to admit you are powerless to control yourself, people, and things around you?**

DAY ONE
GENESIS 3:1-13DAY TWO
PSALM 51DAY THREE
1 JOHN 1:5-10DAY FOUR
PHILIPPIANS 3:12-14DAY FIVE
JOHN 4:13-26DAY FIVE
EPHESIANS 2:1-10DAY SEVEN
ISAIAH 1:16-18

Fellowship Bible Church offers Celebrate Recovery on our Rogers and Fayetteville campuses every Friday night at 7:00pm. If you have never attended Celebrate Recovery, we encourage you to check it out. Celebrate Recovery helps us practice the "healing choices" we are learning and discussing. There are activities for all ages. So, feel free to bring your kids and/or your teenagers.