

Love, Sex and Dating

Sex

On a scale of 1-10, how uncomfortable does the topic of sex make you feel?

What are the feelings that come to mind when you think about this topic? (ex. ashamed, embarrassed, uncomfortable, fearful, etc.)

What does our culture (tv, movies, music, social media) tell us about sex and its purpose or how we should view sex?

What are the two views of sex that we typically fall into?

- 1.
- 2.

What is unrestrained sexuality?

What is restricted sexuality?

What does God want us to do with our sexuality?

How is God's design of sexuality different than what the world tells us?

Read Genesis 1:26-28, what does this tell you about God's design of man and woman?

Why do you think that sex feels like such a shameful topic?

What does God say to those living in unrestrained sexuality?

What does God say to those living in restricted sexuality?

What are the practical ways that we can pursue “submitted sexuality”?

- 1.
- 2.
- 3.
- 4.
- 5.

What is holding you back from seeing God as a gracious, trustworthy God who you can fully submit to?

Take some time this week to work through the LSD: Sex Devotional and really allow the Lord to speak to you in whatever lies and shame you feel towards sexuality!