



How to Have a Quiet Time

What does the concept of a quiet time or devotional time mean to you?

Read John 15:4-5. What do these verses say about the importance of connecting with God each day?

Read Mark 1:35. How did Jesus model a devotional life?

Read Psalm 42:1-2. What do these verses say about our desire to meet with God?

Read John 6:35. How is our devotional life like eating and drinking?

Questions:

1. What is the purpose of meeting with God for a time of devotion?
2. What are some important things to do in a devotional time?
3. Have you ever practiced a regular quiet time in your life? Why or Why not?
4. When is the best time to have a devotion for you? Where is the best place?
5. Read Psalm 119:54. How could this verse be accomplished in our lives through regular times alone with God?