

CONFESSION

It has been a joy in this season to be praying the Lord's Prayer together as a church body. As we conclude the series, our hope has been that you would not only take time to pray, but also to set aside time to practice the spiritual rhythms of Jesus. This week we invite you to join us in practicing **confession**.

Confession in its most simple form is to "agree with God." It is telling the truth. God wants us to grow into the kind of honest, authentic people who can tell the truth, the whole truth, and nothing but the truth with His help.

The Christian journey begins with confession. We confess to God our sinfulness and trust in God to forgive through the sacrifice of Christ on our behalf on the Cross. If we confess our sins, he is faithful and just and will forgive us (**1 John 1:9**). It is through confessing "Jesus is Lord" that we receive the good news of God's Kingdom and are redeemed. But, confession is also meant to be an ongoing rhythm in our spiritual lives as well. We confess—we agree with God—on a regular basis about our sins, His character, the good news He has offered, and we receive.

Read the following passages on the practice of Confession.

Psalm 32:5

1 John 1:8-10

James 5:16

What stands out to you in these passages? What is God revealing to us about the practice of confession?

What do you think the benefits would be of having a daily rhythm of "agreeing with God?"

Could you imagine how it would change a person's mind, heart, soul, and life to have a rhythm of confessing to God and trusted friends? Imagine how that would revolutionize a marriage, a community, a neighborhood, Northwest Arkansas, and the nations.

How could you begin, this week, to regularly "agree with God" about your sin, His character, and our need for Him? Do you have a trusted friend you can share that with?

Take some time to pray and confess together who God is and then **read Matthew 6:9-13 together to close.**

You can find more resources at mosaicnwa.org/thykingdomcome.

QUESTIONS?

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