



**Intro:** This is the first cell group back, so take some time to reflect on the summer and catch up! Have fun and let your kids talk and laugh and share!

**Read Matthew 13:1-8 and 13:18-23**

1. How's your heart?
  - a. Leader tip: relate this to the soils to help them make the connection: is your heart feeling dry and rocky? Is it feeling filled with weeds (distractions)? Etc.
  - b. Also if you need, give them some time to really think and journal about the state of their heart and then come back together as a group to discuss.
2. How do you want this year to be different?
3. What can we as a cell group do to help each other make this year different?

**Closing:** Spend time in prayer for coming semester.