

# Family Discipleship

**Big Idea: Jesus teaches us how to pray.**

## Connect in Conversation

### Read Matthew 6:5-15

- What is hard about praying?
  - Why is it so important to pray?
  - What is something you need prayer for right now?
- Share prayer requests as a family together.

## Memory Verse

### Matthew 7:24 NLT

Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock.

## Prayer

Praise: What is something you love about Who God Is?

Thanksgiving: What is something you are thankful for this week?

Pray for Others: Are there others that need prayer?

Confession: Is there anything in your heart that needs cleaning out?

Requests: What needs prayer?

## Creating Space

Sit down together as a family and chose one meal (for older kids), one snack time, one certain time to all stop and pray. You can set alarms on watches or phones, or all work together during a mealtime or snack time. If you wanted to fast during this time to pray, that would be a sweet addition.

Choose one thing or person or family to all pray together or share prayer requests and just spend that time praying for each other. You can also just encourage the praying of the Lord's prayer during this time. Come back together at the end of the week and share your experience with prayer.