

PRAYER & MEDITATION

We are continuing together as a church body in the Lord's Prayer. Our hope is to take time not only to invite you to pray, but also to set aside time to practice the spiritual rhythms of Jesus together. This week we invite you to join us in practicing **Prayer & Meditation**.

To begin, what do you think about prayer? How would you define it?

Prayer, like all of the spiritual rhythms, is mostly about our relationship with God. And as our love for Him grows through the rhythms of listening and talking, asking and receiving—that is, through prayer—we will find ourselves transformed. We will find that talking with God has changed us. The Spirit of God will use our ongoing conversations with God the Father to reshape us to be more and more like Jesus, the Son of God.

Read the following passages on prayer.

Matthew 7:7-11

Philippians 4:6-7

Hebrews 4:14-16

How would you describe your rhythm of prayer in the last six months?

What do these passages reveal to you about the significance of prayer?

What do your prayers reveal about your belief in God's character and His promises?

What would it look like for you to take another step in talking with God about His good purpose and provision in your life daily?

Take some time to pray out loud for one another and then **read Matthew 6:9-13 together to close.**

You can find more resources at mosaicnwa.org/thykingdomcome.

QUESTIONS?

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